

# 成人弦乐训练教程

Adult String Training

## 1 空弦拨奏

Andantino ♩ = 92

pizz.

*mf*

5

## 2 空弦上下弓

arco

*mf*

5

## 3 空弦全弓

(wait at the tip)

(wait at the frog)

arco

*mf*

5

### 4 四分音符 八分音符

*mp*

5

### 6 空弦长短弓

*mf*

5

### 35 跳音

In this etude Vln III=Vln II

*f*

5

### 36 上半弓 下半弓 全弓

Exercise 36 consists of three staves of music in 4/4 time with a key signature of one sharp (F#). The first staff (measures 1-3) starts with a dynamic marking of *f* and includes bowing directions: WB (whole bow), UH (up-bow), and WB (whole bow). A fermata is placed over the final measure of the first staff. The second staff (measures 4-6) begins with a measure rest and a dynamic marking of *simile*. It includes a marking for the left hand (\*LH) and bowing directions: V (down-bow), WB (whole bow), and V (down-bow). The third staff (measures 7-9) continues with bowing directions: V (down-bow), WB (whole bow), and V (down-bow). A fermata is placed over the final measure of the third staff.

### 37 分奏练习

Exercise 37 is a divided part exercise in 4/4 time with a key signature of one sharp (F#). It consists of two staves. The first staff (measures 1-4) starts with a dynamic marking of *p* and the instruction "divisi". The second staff (measures 5-8) continues the exercise and includes a dynamic marking of *f* at the end. The exercise involves playing sixteenth notes in both hands, with the right hand playing a descending line and the left hand playing an ascending line.

### 38 双音准备

Exercise 38 is a double-octave preparation exercise in 4/4 time with a key signature of one sharp (F#). It consists of two staves. The first staff (measures 1-4) starts with a dynamic marking of *f*. The second staff (measures 5-8) continues the exercise and includes a dynamic marking of *f* at the end. The exercise involves playing sixteenth notes in both hands, with the right hand playing a descending line and the left hand playing an ascending line.